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A **TURLEY** PUBLICATION

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Brookfield's first inhabitants

Speakers discuss Native American roots in the community

By Paula Ouimette
Editor
pouimette@turley.com

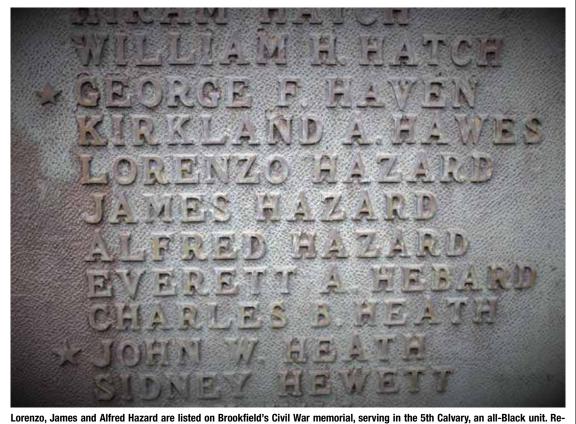
BROOKFIELD – After King Philip's War, Native Americans seemed to disappear from this area, at least in history books.

"That's not the case," Brookfield Historical Commission member Donald Faugno said at a program hosted by the Commission at the Brookfield Congregational Church last month.

Faugno, along with a panel of featured speakers, explored the history of Native Americans in Brookfield and beyond, to an audience that filled every pew in the church.

The program was dedicated to the late Robert Wilder, who spent decades mapping early Brookfield and the towns of the original Quaboag Plantation. In commemoration of

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search has indicated that the Hazards were Native American and that a fourth family member also fought in the Civil War. TURLEY PHOTO BY PAULA OUMETTE

Artists create 'For the Love of Color'

By Paula Ouimette

Editor

pouimette@turley.com

WEST BROOKFIELD – Last Friday, artists Cruger Johnson Phillips and Susan Tilton Pecora celebrated the opening of their shared art exhibition, "For the Love of Color", at West Brookfield Art & Frame.

This is the fourth show featuring local artists held at West Brookfield Art & Frame this year, and "For the Love of Color" will be on display through September.

Phillips, a resident of Brookfield, lived in Connecticut for many years before retiring here and starting her new journey as an artist. When she moved to the area, Phillips pursued her desire to

See ARTISTS | PAGE 13

Deep Roots hosted singer and songwriter contest

By Ryan Drago Staff Writer

STURBRIDGE – Deep Roots Distillery set the stage for a singer and songwriter contest over the course of the summer, ending with the finale this past weekend.

Contests took place on June 24, July 29, Aug. 19, with the finale on Sept. 9. Hosted by Amanda Meli and David Herrera, the finalists of each event met for one final performance in front of three judges and to have an opportunity to win three different prizes.

Seven finalists arrived at Deep Roots Distillery to perform their songs. Each singer/ songwriter got to perform two

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Shawn Crimmins was the winner of the recorded music video with RyGuy Digital.

Auditions for Gateway Player's 'Christmas Shorts' Sept. 17 and 19

By Ryan Drago Staff Writer

SOUTHBRIDGE – To get into the holiday spirit, Gateway Players Theatre is hosting auditions for their upcoming

holiday production of "Christmas Shorts".

Auditions will be held in the Fellowship Hall of Elm Street Congregational Church, 61 Elm St. There will be two auditions, on Sunday, Sept. 17 and Tuesday, Sept. 19, both from 6-8 p.m.

The cast for the play includes both youth roles ages 10 and older, and adults. The two auditions will include cold

See AUDITIONS | PAGE 13

Brookfield's 350th parade route for Sept. 17

BROOKFIELD – Brookfield's 350th parade will be staged on the West End of Mill Street and the Highway Barn beginning at 10:30 a.m. on Sunday, Sept. 17.

The parade will start at exactly noon.

The parade will leave Mill Street, travel up Pleasant Street to Central Street - then turn right to Route 9, left on Route 9 to Common Street, then left on Common Street then Left on Central Street

Judges will be in front of the Town Hall. Parade will proceed right on Pleasant Street back to the Highway Barn/Mill Street

Mill Street will be closed

beginning at 10:30 a.m.

Once the parade gets to the end of Central Street, traffic on Route 9 will detour onto Maple Street until the parade ends - approximately two hours.

Once the parade starts, Pleasant Street and Central Street will be closed to traffic. Please plan accordingly.



860 West Brookfield Rd. New Braintree, MA



Raise a Glass to our Pop-Up Beer Garden

Saturday September 16, 2023 12:00 - 8:00 PM

Join us at our pop-up beer garden for a refreshing experience at the farm. Savor locally crafted beer, cider, and seltzer infused with local ingredients and great live music.

Cruise for Critters car show benefits Second Chance

MONSON – The engines are revving, the excitement is palpable, and the countdown has begun for the much-anticipated Cruise for Critters to Westview Farms Creamery on Saturday, Sept. 23.

Now in its 11th year, this beloved car show, proudly sponsored by Service Connection of Monson, is set to once again make a meaningful impact on the lives of pets in need at Second Chance Animal Services.

Service Connection owner, Al Widlan, has championed this remarkable event for over a decade, rallying car enthusiasts and compassionate hearts alike to come together for a worthy cause. As the wheels of time turn, Cruise for Critters continues to shine a light of hope for furry companions across Massachusetts.

Widlan enthusiastically invites car aficionados to join in the festivities and revel in a day of fun at a fantastic venue.

This year's Cruise for Critters promises an array of fall-themed activities for attendees of all ages. A captivating vendor fair will offer a treasure trove of unique finds and is

expected to be the largest Cruise for Critters vendor fair to date. The much-loved Halloween Barktacular kids' games will be back thanks to dedicated Second Chance volunteers who are gearing up to provide an unforgettable experience for children and families

Lindsay Doray, Chief Development Officer of Second Chance Animal Services, extends her heartfelt gratitude to Service Connection and Westview Farms Creamery for their unwavering commitment to the welfare of pets.

As economic challenges and uncertainties persist, many pet owners find themselves facing difficult decisions. The choice between parting ways with a cherished pet and struggling to provide proper care is a heavy burden to bear.

Doray emphasizes that the funds raised through this event directly contribute to Second Chance's vital programs that make a tangible difference within the local pet-loving community.

The festivities are set to kick off at 10

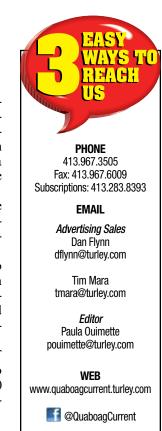
a.m. and continue until 3 p.m., encompassing great food and ice cream and an assortment of fall-inspired attractions that Westview Farms Creamery is renowned for. From pumpkin picking to navigating through a corn maze, a delightful autumn adventure awaits every guest.

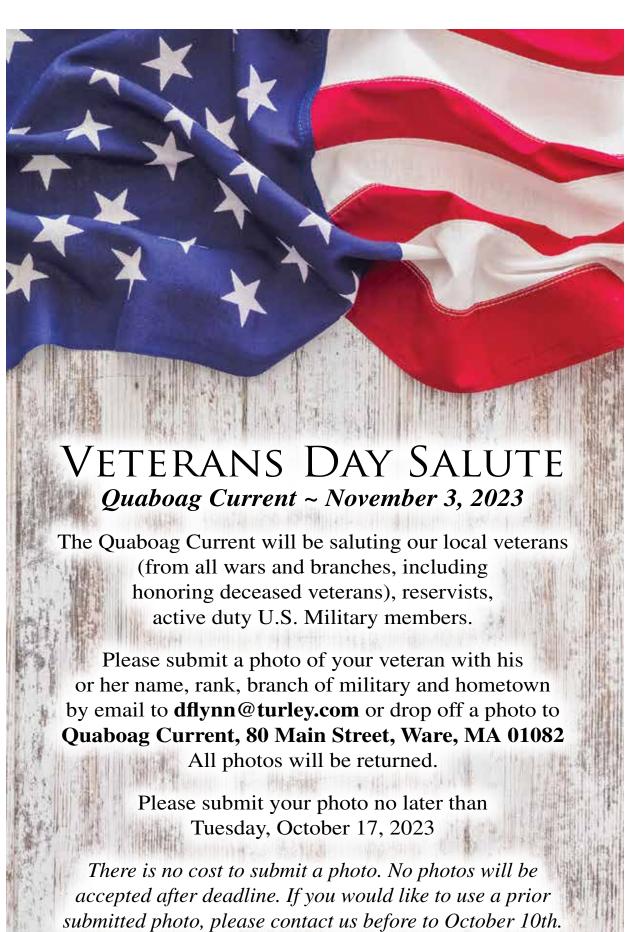
Live music by Spare Parts will provide the perfect soundtrack for the day, while the allure of enticing raffle prizes beckons attendees to try their luck.

Organizers extend a warm invitation to local businesses and vendors, calling upon them to unite in support of pets in need. Information on sponsorship opportunities and becoming a vendor can be found at secondchanceanimals.org/events/cruise.

The event will welcome spectators free of charge. Car enthusiasts are encouraged to take part in the show by contributing a \$20 entry fee per vehicle, with every dollar earmarked for the betterment of pets' lives.

A rain date has been set for Saturday, Sept. 30.





Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

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Nadia Sukharev paints the North Brookfield Town House

NORTH BROOKFIELD – Simply being a triplet with an identical sister and brother is enough to make a person standout, but Nadia Sukharev is also a talented artist willing to put herself "out there" by contributing her creative ability to raise money for the restoration of the North Brookfield Town House.

When asked why she spent a good part of the summer before her senior year at North Brookfield Junior/Senior High School painting a portrait of the iconic white building in the center of her town, Sukharev answered that painting the Town House to be used as a Friends of the Town House Oktoberfest raffle prize was a challenge for her.

It was a subject that she had not done previously, but she felt that it would be a good way to start introducing her art to the community.

"I felt good about donating the painting because the proceeds will be going to a very good cause – the renovation of the North Brookfield Town House. I also liked the idea of someone outside of my family owning a piece of my art," she said in a press release. "I view this as a wonderful development for me."

About a year and a half ago, Sukharev underwent neurosurgery and for several months was unable to attend school. Her recovery was challenging to say the least

Although she continues to have severe migraines, Sukharev works hard to show up and do her best every



This painting by Nadia Sukharev features her beloved cat, Fox.



Nadia Sukharev paints the North Brookfield Town House. The painting will be raffled off at the Friends of the Town House Oktoberfest on Saturday, Sept. 30.

day. She dedicates much of her time to creating art, a talent she has honed with little formal training.

Art is her favorite subject and Sukharev loves all forms including drawing, painting, sketching, print making, ceramics, and digital art. After high school she would like to go to college and is also considering art school.

Her hobbies include photography, thrifting, and traveling. She really likes cats and spends time enjoying her pets, especially her orange tabby named Fox.

Sukharev has completed her painting of the Town House and the raffle prize is presently being professionally framed.

The winner of the Town House painting will be announced on Saturday, Sept. 30 at the Oktoberfest at Common Ground Ciderworks. But it is not necessary to be present at the event from 11 a.m.-5 p.m. to qualify.

Raffle tickets are on sale now at the cost of one for \$5 and three for \$10. Individuals interested in purchasing tickets in advance can email friends@nbtownhouse.com with their contact information or call Maureen Caramiello at 508-596-3582.



High school senior Nadia Sukharev displays her completed painting of the North Brookfield Town House. SUBMITTED PHOTOS

Cultural Council accepts applications until Oct. 17

BROOKFIELD – The Brookfield Cultural Council is now accepting grant applications.

Grant applications are available online at www. massculturalcouncil.org. The deadline for applying is Oct. 17.

Organizations, schools, individuals are invited to apply for funding for events and programs that will benefit the Brookfield community.

The Brookfield Cultural Council is part of a network of 329 Local Cultural Councils serving all 351 cities and towns in the Commonwealth. The LCC Program is the largest grassroots cultural funding in the nation, supporting thousands of community-based projects in the arts, sciences, and humanities every year.

The state legislature provides an annual appropriation to Mass Cultural Council, a state agency which then allocates funds to each community.



The 2023 Food Truck & Music Festival

is one day event featuring
three awesome bands, Cooper Jones,
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Great food, beer & wine garden.
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games, Magic Show. And two
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Loads of fun for everyone, invite your
friends and family, bring your lawn
chairs or blankets and dance all day.

Jordyn Doyle, Local Performer

Please note that backpacks and coolers are prohibited

- opinion -



Things to consider when overwintering your favorite herbs

Tt's getting to be "that time," where we must concede that summer is winding Ldown.

What comes next? Frost and then a season of rest!

But there is much to do before then, especially if you have herbs that you'd like to dig up and overwinter inside.

At Old Sturbridge Village we dig up Rosemary, Bay, Lemon Verbena and many more tender plants. At home I am getting my own collection of plants that I too must dig up if I want to save my investment.

Over time, I have ended up with some very good sized specimens. Overwintering these biggies can prove to be challenging spacewise, but they make such a statement in the garden I look forward to the hassle of digging them up and keeping them alive during the offseason.

Before the interpreters dig up the plants, I always ask that they give the plants a good bath to cut down on the number of insects that will be brought into the greenhouse. For the home gardener this is equally important.

I say "bath" because my pesticide of choice is a natural and fairly benign one - made of potassium salts of fatty acids (soap) that weaken the insect's outer shell and cause dehydration. It is sprayed on leaves and stems until they are soaked, and can be reapplied every 7-10 days as needed.

This product is especially effective on insects that make their home on herbs and houseplants: whitefly, aphids and mealy

Once the insects have been eradicated, it is time to get out the shovel and get to work digging up and repotting the plants. As mentioned, it's amazing at how large some of them can become after only a few months in the ground.

It is important to salvage as much of the root ball as possible to minimize the shock of being potted up. To do this, position your shovel along the "drip line" of the plant and dig straight down, completely around its circumference.

After you've made your way around, get your shovel underneath and lift. Have a pot ready - one that is an inch or two bigger than the root ball is sufficient, and will allow for minimal winter growth.

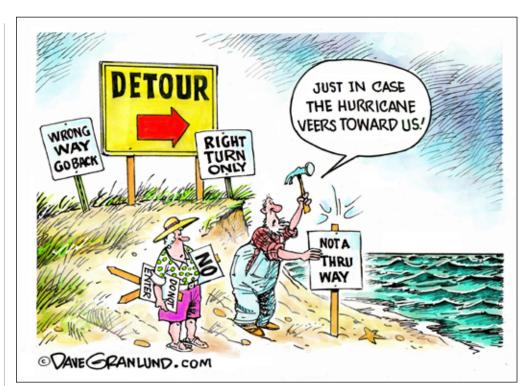
My container of choice is always plastic, but glazed pottery is fine, although it is heavy. I steer clear of clay; it dries out too quickly.

I usually put a couple of inches of moist potting soil into the container, set the plant and then fill in with more as needed before watering well. Oftentimes I leave the plants outside until a frost threatens, then I bring them in and back out until the weather turns decidedly cold.

Perhaps the most cherished of all tender herbs is Rosemary (Rosemarinus officinalis), the herb of remembrance. The key to growing it successfully indoors is "cool but sunny."

My new old house affords me many such microclimates. If you aren't as lucky, try for a sunny window away from dry heat, in other words far from heat vents, etc.

My mudroom runs at about 50 degrees but has decent sunlight. Win-win!



Guest Column

Quaboag Hills Substance Use Alliance

Addiction Recovery

The simple things I did every day to keep me sober!

By Suzanne Yerdon Lewandowski, M.Ed. 30 years sober, 28 years without smoking, 24 years eating disorder free

Recovery from addiction is hard. Very

I thought I'd be different when I first emerged from treatment.

The alcohol was out of my system, and I felt great. I didn't need therapy or groups. Not me!

Just let me go on with my life. I relapsed the very next day - just needed enough vodka to take off the edge.

Needed that relief every day until I returned to detox two years later. A few days out – relapse again.

A year later, after a 12-hour black-out, I knew I had to change!

Addictions break up families, wreak havoc on finances, traumatize children, and create homelessness, joblessness, and often court-ordered restrictions.

The stress in early recovery is intense.

There are so many things in which you have no control and overwhelming feelings can send you into relapse. It is important to focus on what you can do, that very minute, when intense cravings invade your mind.

I now have the luxury of looking back on my long and complicated journey. There are simple, yet interconnected suggestions which can be done on a moment's notice while awaiting resolution of the "big stuff" such as regaining a license, finding a job, paying off fines, etc.

They will provide a sense of accomplishment that is vital in early recovery.

Sleep is essential in early recovery, especially during withdrawal, so the brain and body can begin to repair the disrupted circuitry. Going to bed at the same time every night will help your set a routine.

Eat a healthy diet and stay hydrated; both physical and mental health improve from a balanced diet.

Add exercise into your schedule to release endorphins and reduce stress. Movement also helps reshape your brain by decreasing anxiety, improving mood, and increasing quality sleep.

Take a hike and improve cardio-respiratory fitness. Additionally, creative juices flow more freely and brainpower increases. Uneven terrain will improve your balance. Scents, sounds and sights of nature have a calming effect on the mind.

Build connections with others to reduce loneliness and isolation. Having a support system, such as sober friends, counselling, and AA will reduce chances of relapse.

Rediscover past interests or create new passions. Hobbies improve emotional wellness by relieving stress and reducing emotional triggers.

Speaking of routine, create one. Get up at the same time every morning, even if you are not working.

Move. Stretch. Eat breakfast. Take a walk.

Recommendations one through four within the first hour or two. Then fill in your day making connections and going to meetings.

These tips can help keep you even-keel through this challenging journey of abstinence. For me however, sobriety truly progressed into sustainable recovery when I integrated #6 into daily life - rediscovered past interests.

My final sobriety came in the garden. Despite almost three decades of addiction, my athletic ability, creativity, and love for the outdoors had never left me; these became the building blocks for my new foundation.

As I faced life on life's terms, I filled in pieces one day at a time. The picture of my future puzzle was evolving.

Within six years I had become strong enough to quit smoking and end the eating

Years later I found my recovery so aptly encapsulated by Marilyn Barrett, author of "Creating Eden: The Garden as a Healing

"Come into the garden with me. Don't worry about not knowing your way: Your heart remembers, even if your head has forgotten. When you were small and first had time to create your dreams, you were at one with the earth you played in and with each leaf, bird, and cloud you saw. This is the garden to which I invite you to return.

Imagine a place to which you can bring stress, sorrow, loneliness, and confusion and from which you can leave with a sense of resolution, understanding, and calm. Imagine a place where you can express your own unique nature, create beauty, grow pure food, and gain control over your life. In my life, the garden has been such a place."

Marilyn so aptly wrote that the garden is a place for "clearing away anger, confusion, and pain, the trash of the past." She added this clearing "is a prerequisite to achieving inner peace, balance and harmony" and people "must sort through the emotional

See ADDICTION | PAGE 5

OPINION PAGE/ LETTERS POLICY

etters to the editor should be 250 words or less in length, and guest columns between 500 and 800 words. No unsigned or anonymous opinions will be published. We require that the person submitting the opinion also include his or her town of residence and home telephone number. We authenticate authorship prior to publication. We reserve the right to edit or withhold any submissions deemed to be libelous, unsubstantiated allegations, personal attacks, or defamation of character.

Send opinions to:

Letters to the Editor, 80 Main Street, Ware, MA 01082 OR e-mail to pouimette@turley. com. Deadline for submission is Monday at noon for the following week's edition.

OUABOAG

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Quaboag Current Newspaper

Church hosts tag sale Sept. 23

NORTH BROOKFIELD – A tag sale will be held at Christ Memorial Episcopal Church, 133 North Main St., on Saturday, Sept. 23 from 9 a.m.-2 p.m.

There will be plants (indoor and outdoor), puzzles, books, clothes, kid's stuff, kitchen and household items, treasures, and more. Name your own price.

The rain date is Sept. 30.

GARDEN I FROM PAGE 4

Bay tree (Laurus nobilis) is another favorite and can be grown right through the winter with little or no coddling provided it is given medium to bright light and consistent watering. Do be on guard for the waxy-looking scale insect; one giveaway is leaves covered in a sticky, shiny sap called honey dew.

Try to "Q-tip" individual insects with rubbing alcohol or use insecticidal soap or horticultural oil to smother larger infestations. If the bugs have been active for a while, sooty mold may have formed.

This thick, black coating will likely need to be scrubbed off leaf by leaf to allow the plant to photosynthesize properly.

To have success overwintering scented geraniums (Pelargonium spp.) indoors, situate them in bright light where daytime temperatures are 65-70 degrees, and night temps are in the 50s. Fertilize every other month during the fall and winter.

Smaller leaved varieties will be easier to manage; large leaved cultivars will get top-heavy quickly- take terminal or "tip" cuttings of these instead.

Lemon Verbena (Aloysia triphylla) may start out looking great, but a month or so into indoor culture will likely begin to lose its leaves. Fear not, leaf drop is completely normal and to be expected!

You may be tempted to throw it out; instead, position in a sunny spot, water as needed and await new growth in the spring.

I hope this has provided you with the necessary information to extend the lifespan of your tender herbs.

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

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Eileen Kennedy, Executive Editor 24 Water St., Palmer, MA 01069 or email directly to ekennedy@turley.com

Medicare 101 educational event Sept. 20

EAST BROOKFIELD – The East Brookfield Senior Center will be hosting an educational presentation on Wednesday, Sept. 20 at 1 p.m. at the senior center located at 126 Pleasant St., for current beneficiaries and for those who will soon be eligible for Medicare.

The information is specific to Massachusetts. The session will run from 1 to 1.5 hours, including time for questions.

The presentation will be conducted by Ed Spater, a licensed Insurance agent, who will explain the

basics of Medicare including:

- Why it's important to evaluate your current Medicare coverage each year
- The pros and cons of each of your Medicare coverage options
- What to consider when deciding which Medicare coverage option is right for you
- Ways to save money and get better Medicare coverage in 2024

For accommodations of persons with special needs at meetings, call 774-271-5199 or 711 for TTY callers.

ADDICTION I FROM PAGE 4

rubble of the past they have inherited, and they must get to the roots of attitudes and behavior patterns that have stunted their growth."

Now is a great time to be outside to deal with "the trash of the past" by remembering your strengths, create a mindful place, and build resilience for your recovery journey. Try interweaving the different therapies (see below) into your puzzle when you feel stuck or restless.

Volunteering is another way to experience different options while learning new skills! This is how I found that special spark ignited new passions and a life that surpassed any dreams.

Animal-Assisted Therapy has been shown to reduce feelings of depression, anxiety, aggression, loneliness, while increasing a sense of calm and unconditional affection. Caring for an animal helps with feelings of purpose and responsibility.

Art therapy helps patients express their emotions, improve self-esteem, manage addictions, relieve stress, improve symptoms of anxiety and depression and cope with recovery.

Horticultural therapy helps improve memory, cognitive abilities, task initiation, language skills, and socialization.

Music helps in addiction recovery in many ways; it boosts motivation, confidence, and self-expression while reducing physical pain and stress. Additionally, music helps with the emotional pain of past trauma when releasing repressed emotions that arise in sobriety.

The Quaboag Hills Substance Use Alliance https://qhsua.org/; is a regional coalition serving local communities located in Hampshire, Hampden, and Worcester Counties – the towns of Barre, Belchertown, Brimfield, Brookfield, Hardwick, Hubbardston, Holland, Monson, New Braintree, North Brookfield, Oakham, Palmer, Spencer, Wales, Ware, Warren, and West Brookfield. Join them by going to their Facebook page https://www.facebook.com/QHSUA/ or website, www.qhsua.org.

If you or a loved one needs help for substance abuse, call the statewide helpline at 1-800-327-5050 (TTY: 1-800-439-2370); the phoneline is open 24 hours a day, seven days a week; you can also go to the website at: https://hub.helplinema.org/findhelp.



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- sturbridge -

Brian Phelps explores 'Stories From the Flats'

STURBRIDGE – Prior to the floods of 1955 and the subsequent erection of flood control dams on the Quinebaug River, the Westville area of Sturbridge/ Southbridge was a vibrant industrial

In Sturbridge Historical Society's upcoming program on Thursday, Sept. 21, "Stories from the Flats", Brian Phelps discusses the history of local industries including the Litchfield Shuttle Company, Prest-Wheel Inc., and Snell Augur Co. He also includes Westville families' stories, maps, and photos.

Phelps is a native of Stafford Springs, a graduate of Quinnipiac College, an

Air Force veteran, and a State of New Hampshire retiree.

He has volunteered for the Army Corps of Engineers for eight years. In that role he has been tasked with organizing a history project for the towns of Southbridge, Sturbridge, Brimfield, and Fiskdale. His focus is to document the people's lives during the time period before the 1955 flood.

The Sturbridge Historical Society invites the public to join them for this discussion on Thursday, Sept. 21 at 7 p.m., generously hosted by the Publick House.

Tour of Sturbridge Common to be held Sept. 23

STURBRIDGE – The Sturbridge Historical Society presents A Tour of the Historic Sturbridge Common on Saturday, Sept. 23 at 10 a.m.

The town Common has been a central part of Sturbridge since its incor-

poration in 1738. This walk will explore the history of the Common through its built environment.

Meet at the Gazebo on the Common. Rain cancels.

To register, call or text 508-864-6319.

Old Sturbridge Village receive \$7,000 from Webster Five

AUBURN – The Webster Five Foundation donated \$7,000 to Old Sturbridge Village to support their Educational Outreach to Webster Public Schools.

In the 2023-2024 school year alone, 584 students from Webster Public Schools will visit OSV with support from the grant.

OSV is a leader in museum education and living history interpretation, offering a recreated 1830s village brought to life through costumed historians, 40+ preserved buildings, working farm and mills, historical objects and exhibitions. Annually, nearly 200,000 diverse visitors are engaged, including 40,000 school children.

"We are so grateful for Webster Five and their generous donation," said James Donahue, president and CEO, Old Sturbridge Village in a press release. "This gift will allow us to continue educating and providing memories for the kids in our community.'

'Unique destinations like Old Sturbridge Village are part of what make Worcester County so special," said Don Doyle, president and CEO, Webster Five. "Webster Five is happy to support OSV in providing local students with this immersive cultural experience.'

Since its inception in 1996, the Foundation has awarded \$3,863,508 to 290 organizations.

PLEASE RECYCLE THIS NEWSPAPER

NATIVE | FROM PAGE 1

the town's 350th anniversary, Wilder's friends and collaborators remembered his legacy and continued the conversation about the town's Native American story

Joining Faugno was Emmy Award-winning director and actor Dan Hamilton, who has family ties to Brookfield dating back to 1701.

Hamilton has taken all of Wilder's maps and videos and uploaded them to a website, robertwildermaps.org.

"He was a very special man," Hamilton said of Wilder, adding that he would like to continue his legacy.

Palmer native Donald Duffy spoke about the importance of waterways to the area's first inhabitants, and the watershed divide. After serving on his town's conservation commission for over 35 years, Duffy has seen every type of waterway there is.

"The watershed is something that nobody thinks of, but it was a boundary marker for the Natives," Duffy said.

Duffy said the Native Americans were hunter/gathers, chasing resources wherever they could.

"There's a wealth of animals in North America," he said, providing ample food and materials for Native Amer-

With the arrival of agriculture, the Native Americans didn't have to chase resources as much and their population expanded.

Duffy spoke about how beaver skin trader William Pynchon, the founder of the city of Springfield, would use Brookfield as a resting spot as he moved his skins to the coast. Pynchon was known for his amicable business relationships with Native Americans.

Duffy talked about Hendrick Kequoquau, who sought to get payment for land that once belonged to the Quaboag Indians.

"He wanted to make a claim against the government, did three times, and didn't receive any money," Duffy said. The land Kequoquau claimed is now part of the Chicopee River watershed.

Tom Silver Fox Morse is a Spiritual Leader of the Chaubunagungamaug Nipmuck Band of Nipmuck Indians.

Growing up, Morse had to keep his Native American background a secret, because his family feared it would lead to fighting, and it did.

His family's move to the Main South area of Worcester was "not a good one" Morse said.

"We did fight a lot," Morse said. "We protected my sister, too...it was a tough way to do things."

Morse began his training as a Spiritual Leader just before his father died.

"I had to prove myself...that I was worthy of the position," Morse said. As a Spiritual Leader, he has been present for deaths, marriages, and even births.

He is also a confidante, helping people to talk through their issues by listening to them.

Morse explained the significance of his "three sisters" bag that he wears around his neck, containing corn, bean and squash, along with sage. He said the bag is normally given to you at birth.

He also wears a rosary, along with a wiccan symbol, a necklace given to him by a friend, and a choker which was a gift from his father when he became a Medicine Man.

At the program, Morse wore a shirt known as a "ribbon shirt," which was sewn by his late friend.

Morse said when he first wore the shirt to the Dudley Reservation, a spark from the fire landed on the front of the shirt, leaving a small hole over his chest. After his friend died, he recognized the significance of that hole.

"I figured out what it meant...there's a hole in my heart because she's gone," he said.

Morse has been active in working to preserve a former campground in town, which has been found to be historically significant to the Native Americans. The area has been run over by dirt bikes and four-wheelers, causing damage to burial sites and fencing.

Morse has talked with the town's selectmen about putting a Native American camping area on the site.

"There's a lot that's still there and worthy of preserving and remembering," he said.

Also worth remembering is the role Native Americans had in defending the country, especially during the Civil War.

Faugno said his research shows that four Native American men, the Hazards, all served in the 5th Cavalry during the Civil War, an all-Black unit. Three of the Hazards, Lorenzo, James and Alfred are all listed on the town's memorial, but the fourth Hazard is not.

"They get written out of history," Faugno said of Native Americans.

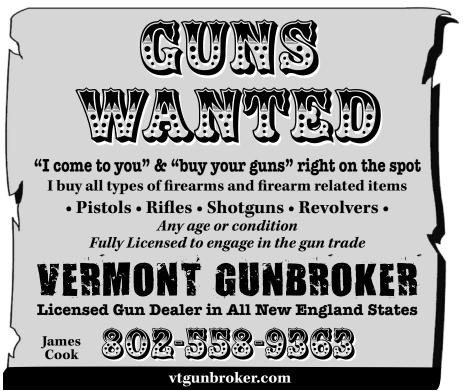
Documentary filmmaker Ted W. Timreck shared a video which explored the mysterious stone ruins found in the northeast, that up until recent years have been credited to early white set-

"The stone ruins were too unusual to be New England farmers or Europeans," Timreck said.

The northeast is considered a great "blind spot" for Native American influ-

"You have to see behind the facts," Timreck said.





CHURCH 5000

David Ingram helped run a car race game. TURLEY PHOTOS BY EMILY-ROSE PAPPAS

St. Jospeh's Parish held annual family fair

By Emily-Rose Pappas Staff Writer

NORTH BROOKFIELD – For 41 years, St. Joseph's Parish has hosted a family fair the weekend after Labor Day with a fun time of fellowship, games, tasty food, and raffles.

The following Sunday, after the sermon, members enjoyed a chicken BBQ.

The fair took place on the Parish's Rectory Field on Mt. Pleasant St. The event had much to offer, and the Boy Scouts were present at the fair, and there was even a little flea market.

There wasn't just chicken, however. You could find on both days foods like burgers, hot dogs, pizza, chili, fried dough and fried Oreos, French fries, ice cream, and cold drinks.

The Knights of Columbus sponsored the stone fired pizza and delicious chili.

The fair had large tables of donated raffle baskets and fun prizes like gift cards to local businesses such as Hardwick Vineyard & Winery and a bike from Whitco. There were stuffed animals to win, and live music kept the atmosphere lively.

There were two main game booths for attendees of the fair to try their luck, including Lucky Dice, a booth run by Rachel Shea, who has volunteered at the fair for 20 years.

Lucky Dice is a game many love to try for a chance to win delicious treats and candy.

The game is played by placing a token (up to four) on a rectangle with two colors. The dice are rolled, and if the two highest numbered dice are the colors of your choosing, you win.

Shea loves the fair, and volunteering for the games and events has filled her with joy.

"I love talking to new people and friends. I especially love the French fries - every year they're the best."

Next to her, is another booth with a game of chance, except it has race cars. David Ingram runs the booth, and the game is played by drawing from a shuffled deck of cards.

Children will pick two cars they think will win, and their cars will move forward a space every time their color is chosen out of the deck. If their car wins the race, they will win their own Hot Wheels toy car.

"The kids will come up and cheer on their cars. They's say 'C'mon red! C'mon!' They always get so excited and it's the best part," Ingram said.

The Parish is a place of fellowship and unity, and the congregation itself opened its arms to all who visited and attended the fair.

Author discusses book and Spooner murder Sept. 26

BROOKFIELD – The Merrick Public Library will host local author Andrew Noone for a discussion of his book, "Bathsheba Spooner: A Revolutionary Murder Conspiracy", on Tuesday, Sept. 26 at 6 p.m.

The murder of Joshua Spooner in 1778 in Brookfield was considered the most sensational crime of its time. Four conspirators; Joshua Spooner's wife, Bathsheba, the daughter of a high-ranking Loyalist, as well as two British soldiers and one Continental soldier-were put on trial for the murder and sentenced to death.

Five thousand people attended the hanging in Worcester

Noone has meticulously researched the circumstances of the crime and trial, and puts them into a historical and political context. He will provide an account of the Spooner murder, read excerpts from his book, and answer questions from the audience.

A book signing will follow his presentation. Copies of his book will be available for sale (cash and check accepted.)

The Merrick Public library thanks Art and Elizabeth Jay/Greater Worcester Community Foundation for making this program possible.







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CONTEST | FROM PAGE 1

songs with one song being an original song, but preferably both.

The three judges consisted of Matt Herring, Sharon Meli, and Mark Thayer. Thayer is one of the cofounders of Signature Sounds, a recording studio based out of Connecticut that was founded back in 1982.

The three prizes consisted of a cash prize of \$500 from Meli Entertainment, a recorded music video of one of the artists' original songs with RyGuy Digital, and \$350 plus studio time with Mark Thayer of Signature Sounds.

Co-host, Amanda Meli has her own entertainment and event service business, Meli Entertainment and has been performing open mics and other music events throughout local communities including Palmer, Ware, Hardwick, Monson, Brookfield, and South Hadley. Meli enjoys going to numerous music events in the local areas and wishes to expose the talent in the area.

"This area seems underrepresented," said Meli.

Wanting to offer something for songwriters, Meli offered a platform for aspiring singers and songwriters in the genres of rock, country, soulful, R&B, acoustic and jazz. Every finalist at the finale was a solo act and every singer had their own original songs to share.

"It's all about just performing your song," said Meli. An opportunity the singer-songwriter contest gave to those who have the desire to play the songs they wrote themselves.

The first performer was Serena May Kilsmith on acoustic guitar. Kilsmith is also part of a folk-rock trio band called Mama Kilsmith.

Kilsmith writes and sings the songs, Jake Killoy provides the rhythm and engineers the sound. MacKenzie Vogel is all about playing that bass while also lending her vocal talents and harmonies.

The next performer was Shawn Crimmins on acoustic guitar.

Eric Troy performed his original songs "Colorado" and "Get out of Dodge" on his guitar. John Wayne also performed on guitar with his songs "Reaching Out" and "Luckiest Guy".

Changing up the instruments was Simone Marie on her piano. Back to the guitar was Eric Fournier with one entertaining song about getting a new bed.

To wrap up the finalists was Julie Jules with her two songs playing the ukulele.

The judges would meet in another room to determine the three winners of the singer-songwriter finale, while the performers praised each other on a job well

After a long discussion, the judges came to an official decision. Shawn Crimmins was the winner of the recorded music video with RyGuy Digital; Eric Troy won \$350 and Studio Time with Mark Thayer of Signature Sounds; and the \$500 prize from Meli Entertainment went to Simone Marie.

For more events, visit Meli Entertainment and Event Services on Facebook and check out Amanda Meli Music on Facebook and Instagram.

Deep Roots Distillery, USA is located at 559 Main St. For events upcoming at Deep Roots Distillery, visit www.deeprootsdistilleryusa.com/events.



Finalists in the singer and songwriter contest at Deep Roots Distillery are from left, John Wayne, Erin Fournier, Eric Troy, Simone Marie, Shawn Crimmins. Julie Jules and Serena May. TURLEY PHOTOS BY RYAN DRAGO



Eric Troy performed his original songs "Colorado" and "Get out of Dodge" on his guitar. Troy won \$350 and Studio Time with Mark Thayer of Signature Sounds.



Simone Marie won the \$500 prize from Meli Entertainment.



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Quaboag squeezes out win in opener



Cam Evans takes the handoff from Jacob Cacace.

Friday night, rain and thunderstorms wreaked havoc on high school football. After a long delay because of several lightning strikes, Ludlow and Quaboag football moved to Saturday morning, where Quaboag picked up the win in close fashion 22-21. The Lions drop to 0-1 and will next meet Smith Vocational on Friday, Sept. 15, while the Cougars face Palmer High School.

Jacob Cacace scrambles for an opening to



Tyler Withers looks to make a tackle.



Cam Evans heads to the run on a carry. TURLEY PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM



Panthers mow through Oakmont in season opener

By Tim Peterson Sports Correspondent

BARRE—The Quabbin girls' varsity soccer team posted a 5-0 shutout victory over Oakmont Regional in a home match at the beginning of last season.

It was a much closer affair when the Mid-Wach C rivals faced each other at Alumni Field in this year's season opener.

The Panthers held a 2-0 lead in the middle of the first half before the Spartans came storming back.

The visitors from Ashburnham scored a goal late in the first half. They also netted the only goal of the second half and the contest,

See PANTHERS | PAGE 10



Bella Smith looks to make a pass to an open teammate. TURLEY

Pathfinder stuns Palmer in season opener

By Tim Peterson Sports Correspondent

PALMER— Pathfinder Tech senior quarterback Hunter Griswold played a lot of football games at historic Legion Field during the five years that he was a member of the Palmer Cowboys youth football team.

Griswold will probably always remember his first varsity football game at Legion Field.

Griswold threw a pair of touchdown passes and he scored two rushing touchdowns, as the Pioneers began the 2023 campaign with a 33-6 non-league victory over the Palmer Panthers on a hot and humid day, last Saturday.

"I played in a lot of youth football games on this field for the Cowboys, but this was my first var-

See PATHFINDER | PAGE 11



Hunter Griswold scrambles before making a pass. TURLEY PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM

- sports -



Brook Austin makes a great save. TURLEY PHOTOS BY RAY DUFFY

PANTHERS | FROM PAGE 9

which took place on a very hot afternoon, ended in a 2-2 draw, last Tuesday. "We would have liked to have won today's game, but a tie is better than a loss," said Jamie Cook, who's beginning her eighth season as the Quabbin girls varsity soccer coach. "The hot weather was a factor, but my girls fought hard until the final whistle. We just couldn't score another goal."

The Panthers finished with a 5-9-2 overall record a year ago. They lost at Oakmont in the second meeting of the 2022 regular season.

"We didn't have a winning season last year," said Cook, who graduated from Quabbin Regional in 1996. "We're hoping to have a much better season this year."

Cook, who was a center midfielder during her varsity soccer career, was inducted into the Quabbin Regional High School Athletic Hall of Fame in 2016.

One of the Panthers four co-captains this season is junior Brooke Austin, who netted five goals as a center midfielder a year ago.

Austin made her first start in a varsity match as a goalie against Oakmont.

"We needed a goalie, and Brooke has no fear back there," Cook said. "She's one of our captains and is a very good team leader."

Austin, who also plays basketball, took over the starting goalie duties from Skyler Rudinski, who graduated in June.

The other three Quabbin co-captains are senior Hannah Baxter, senior Amy Stauder, and junior Bella Smith.

"We don't normally have four captains every year," Cook said. "It was just an anonymous vote by the players.

In the middle of the first half, Austin made a diving save on a shot attempt from Oakmont freshman Jada LeBlanc. The ball bounced away from her and Stauder, who's a defender, cleared the ball away before it crossed over the line.

The other Panthers defenders are junior's Samantha Carlson, Sydney Gagne, and Angelina Felicano.

A couple of minutes later, Quabbin sophomore Abi Falconi, who was a member of the varsity squad as a freshman, fired a shot into the right corner of the net past Oakmont senior Gabby Romano.

"Abi is a solid striker," Cook said. "That was a great scoring play by her."

Smith, who's also listed as a striker, was credited with the assist on Falconi's first goal of the 2023 regular season.

Quabbin took a 2-0 lead during the 22nd minute.

The scoring play began following a long pass by Austin to Falconi, who scored her second goal on a breakaway shot into the left corner of the net.

With less than five minutes remaining in the opening half, Oakmont sliced their deficit in half on a breakaway goal by freshman Kaighdynce Garlisi.

The Spartans tied the score following a corner kick goal by junior Molly Horgan a little more than five minutes into the second half.

In the middle of the second half, Falconi fired a shot that sailed high over the

The score was still tied 2-2 when the referee blew his whistle for the final time.

The second meeting of the regular season between the two squads is slated to take place at Oakmont on Sept. 26.



Abigail Falconi scores her second goal of the match for the Panthers



Hanna Baxter passes the ball up the field

Coby, Tommy Baldwin Racing earn Granite crown

WINCHESTER, N.H. - Doug Coby and Tommy Baldwin Racing returned to NASCAR Whelen Modified Tour competition on Saturday night at Monadnock Speedway and they were celebrating after 150 laps in New Hampshire.

Coby finished fifth in the Winchester Fair 150 in the Mayhew Tools 7NY, but the finish was enough for the team to capture the second annual Whelen Granite State Short Track Cup championship crown.

The Cup, which included three races at Monadnock Speedway, Lee USA Speedway and back at Monadnock on Saturday night, saw Coby grab three finishes inside the top-six, including a win at Monadnock in May. By winning the Whelen Granite State Short Track Cup, the team collected at least \$5,000 in bonus awards.

Coby returned to action Saturday for the first time since Thompson Speedway in August. Team owner Tommy Baldwin Jr. announced a cancer diagnosis and the team stepped back from fulltime competition and missed the last two races. They couldn't pass up returning to chase the Granite State Short Track Cup crown.

"Just to be here with our family and Tommy battling cancer, I mean, he's a warrior," Coby said. "He told us from the beginning that he was going to fight through this and he's been courageous enough to share his battle and everything on social media, which is uncommon. To be here as the Whelen Granite State Short Track Cup champions, it just means a lot. We've got a great group of guys and Tommy really wanted to be here to do this. This one is for Tommy Baldwin.'

Community Caravan postponed by weather

SPRINGFIELD - The Springfield Thunderbirds announced last Friday that the third installment of the T-Birds Community Caravan presented by Dunkin' has been postponed due to potential inclement weather this weekend. A rescheduled date will be announced in the future. The previous two events featured an appearance from Thunderbirds mascot Boomer and team staff, as well as a wide variety of activities and vendors, including a Dunkin' Taste Truck, street hockey activities, and various food options. Fans can reserve their seats to be part of the Thunderbirds' hockey action for the 2023-24 season by calling (413) 739-GOAL (4625) or visiting www.SpringfieldThunderbirds.com.

- sports -

PATHFINDER I FROM PAGE 9

sity football game here," said Griswold, who lives in Monson. "Winning a game on this field is just the best feeling in the world. We played very well as a team and we're hoping to have a winning season."

The previous two meetings between the cross-town rivals took place at St. Joe's Park.

The Panthers outscored the Pioneers, 42-6 in those games.

"We haven't beaten Palmer in several years," Griswold added "I know most of the Palmer players. It's something that I can talk about for the rest of my life."

The last time that Pathfinder defeated Palmer on the gridiron was a 17-14 win at Legion Field in 2015.

Andrew Roman was the Pioneers starting QB that season

Just like Roman, Griswold is an outstanding threesport athlete.

"You can't say enough good things about Hunter," said Pathfinder head coach Bill Darling. "He's an amazing athlete. He always gets the job done with his legs, and his arm. He's a very good weapon for us."

It was also a memorable day for Darling, who graduated from Palmer High School in 1988. His daughter, Alyssa, scored more than 1,000 career points during her career as a member of the Lady Panthers varsity basketball team.

"Every time you win a football game, it's always very special," Darling said. "This is a very big win for us."

After the Pioneers offense turned the ball over on downs on their opening series, senior Dylan Cominoli recovered a fumble at midfield for the visitors. Cominoli also had an interception late in the second quarter.

"Dylan anchors the middle of our defense," Darling said. "He's just a fantastic young man on and off the field"

Freshman running back Anthony Arventes capped off the Pioneers seven play scoring drive with a one yard TD run with 3:30 remaining in the first quarter. The extra point attempt was wide left.

Two minutes into the second quarter, Griswold completed a 56-yard touchdown pass to sophomore wide receiver Jarrett Skowyra.

"Jarrett knows how to get open," Griswold said.

"Whenever he's open, I always try to hit him with a pass. They were playing man coverage on my first TD pass."

Junior Matt Grossi made the extra point attempt giving the Pioneers a 13-0 lead.

The Pioneers got the ball right back when Griswold intercepted a pass thrown by Palmer sophomore QB Matt Santos.

During the Pioneers third scoring drive, Griswold carried the ball three times for a total of 38 yards. He avoided being sacked a couple of times before capping off the nine play drive with a 15-yard touchdown run with 2:14 left in the first half.

"I was able to escape the defense a couple of times, which was very important," Griswold said. "Scoring my first rushing touchdown on this field felt awesome."

Grossi's extra point gave the Pioneers a commanding 20-0 lead.

Palmer senior Andrew Menard gave the home fans something to cheer about by intercepting a pass late in the first half.

With 8:38 remaining in the third quarter, Griswold tossed a 15-yard TD pass to Skowyra, who made a diving catch in the back of the endzone.

Grossi's third PAT gave the Pioneers a 27-0 lead.

Griswold scored his second rushing touchdown on a three-yard scamper with 4:23 left in the third quarter.

Palmer freshman Dylan Holbrook blocked the extra point attempt.

The Panthers finally got on the scoreboard in the

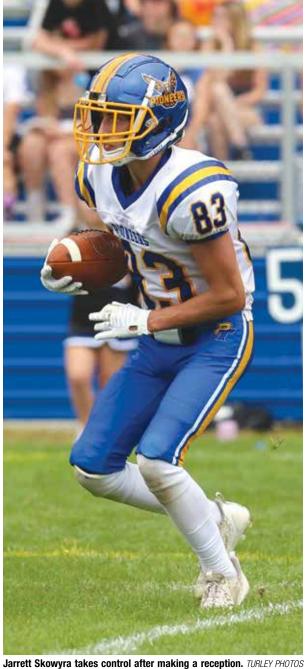
The Panthers finally got on the scoreboard in the middle of the final quarter when Santos threw a 10-yard TD pass to sophomore Dylan Doherty, who made a juggling catch.

Santos completed a couple of passes to Menard during the scoring drive.

Sophomore Hunter White also carried the ball a couple of times.

"Scoring a touchdown was something positive for us," said Palmer head coach Matt Marciniec. "We're going to keep working hard."

While Pathfinder Tech will be looking to celebrate another victory at Athol High School on Friday night, Palmer will be looking to get into the win column at Quaboag Regional.



BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM



Billy Burke attempts to make a tackle.



Miguel Velasquez runs into the crowd.

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Bringing aWAREness to Recovery

Art exhibition focuses on recovery and overdose awareness

> By Paula Ouimette Editor pouimette@turley.com

WARE – In recognition of National Overdose Awareness Day, the Recovery Center of HOPE and Workshop13 presented the third annual "Bringing aWAREness to Recovery" art exhibition at ArtWorks Gallery.

The exhibition will be open Saturdays and Sundays from 1-5 p.m. through Sept. 17 for Recovery Month, helping to reduce the stigma those with substance use disorders face.

This was the first "Bringing aWAREness to Recovery" exhibition since the Recovery Center of HOPE opened at its 52 Main St. location at the beginning of this year, a milestone that Abaigeal Duda, program manager at the Center,

"It's an honor to have the Recovery Center here," she said, giving the community access to numerous services and support.

Many of the artists featured in the exhibition were willing to share their stories, and how substance use disorders have impacted their lives.

"People in recovery longer, feel more encouraged to speak up and feel confident," Duda said. "I'm so glad that their art and their voice is present," she said of all contributors.

Art also has healing qualities, and the Recovery Center of HOPE is able to offer weekly art classes through the use of a grant.

Artist and coordinator of the exhibition, Faith Montaperto Ward has three entries in the exhibition, including a mask with an elaborately long nose entitled "The Liar" and a collection of original songs called "Conversations with God."

"Art and music heal," she said.

Ward also entered "Rooftop Hero"; a sculpture based off of a poem she wrote for her late brother, Michael.

"He was an addict and in recovery a long time," she said, but went back to addiction after the death of their moth-

Ward is a photographer, and sculpture is something she "truly messed around with," admitting that it's not her "thing."

"Rooftop Hero" refers to her brother climbing up on the roof to retrieve balls when they got stuck up there during play. The sculpture also has chicken bones, and Ward explained their mean-

"We had no money and would buy pot pies when Mom couldn't work," Ward said. "Michael and I would fight over the beef pot pies and he'd leave me the chicken, which I hated."

The sculpture also features nails and screws and other pieces of metal, which are hard to bend.

There was "not a lot of bending" in the relationship between the two siblings, Ward said, but it also pays homage to Michael's work as a carpenter.

"He loved the smell of fire burned wood," Ward said, a detail she added to the back of the sculpture.

The sculpture, Ward said, is of her family's house.

"It's our house, it's not perfect...there was a lot of addiction and a lot of pain," she said, adding that the whole family goes through the addiction along with the substance user.

This is why she loves her time teaching art at the Recovery Center of HOPE, because it includes the whole family.

"You need all of them in recovery to be a family again," Ward said.

Susan Daley took up quilting 15 years ago, and gave up once before returning to it. Now it's something she commits three hours to each Saturday.

Daley works at the Recovery Center of HOPE and was "very proud" to sew a quilt bearing its logo and proudly displaying its colors, along with words of encouragement.

"I love the words; I live by the words,"

Quilting is something that is comforting to Daley and helps to get her out of her own head.

Daley also entered a mixed media project featuring one of her favorite symbols of joy and happiness; Santa

"Santa Claus is my man," Daley said. "I just love him so much.

Daley herself was a source of joy for one of the artists featured in the show, the late Charlotte "Charlie" Lopez, a Ware resident who died one month after being featured in her first art show

Daley was Charlie's sobriety coach, and during an interview at the first ever "Bringing aWAREness to Recovery" exhibition, she credited Daley for helping her in her sobriety journey.

"Without her, I wouldn't be here," Charlie said during that first exhibition.

Charlie's painting is a mix of acrylic and oil paints, using techniques she learned during a painting class with Workshop13's Roc Goudreau.

Duda said the painting is included in this year's exhibition to remember Charlie and her impact on the world around her.

"She was so vibrant and efferves-



Susan Daley stands with her quilt, which will be a permanent display at the Recovery Center of HOPE following the "Bringing aWAREness to Recovery" art exhibition at ArtWorks Gallery, 69 Main St., Ware.

cent," Duda said. "She's a permanent part of our community...she's still in our hearts."

Three Rivers resident Anthony Seay returned for his third time entering the exhibition, with three paintings.

One, called "The Raven" features the bird which in Sioux legend, is known as the Trickster. The raven is also a shapeshifter, and in Seay's painting he is holding a key in his beak.

"He is holding the key to change,"

In six years, Seay's life has changed immensely he said, since finding his path to sobriety and discovering painting.

One night while leaving a sunrise group in his town, Seay saw a sign offering painting lessons and he decided to ask to join in. Seay has since become a professional artist, painting lifelike pet portraits, military-inspired portraits and scenes and more.

A U.S. Coast Guard veteran, Seay has also painted a series of portraits of "pilot aces" of the military. Fifteen of these portraits are on display at the 104th Fighter Wing in Westfield.

Another painting Seay had in the show features a bonsai tree, and he was inspired to paint it while watching "The Karate Kid II" with his wife.

His favorite painting in the exhibition is "Blue Moon", which he said is his concept of "there is a God."

Seay said his talent for painting is a gift from God, and one he doesn't take for granted.

Also featured in "Bringing aWAREness to Recovery" this year, is the Photovoice Collection 2022, featuring seven photographs taken around Ware by people in the community who are in recovery.

Photographs range from a broken trophy to a disinterested dinosaur drawn on a piece of playground equipment, to a cemetery and a car that can't be fixed.

Alyssa Curran of the Western Massachusetts Training Consortium, the umbrella organization for the Recovery Center of HOPE, explained that the photos capture the "hidden in plain sight" phenomenon, and bring awareness to the challenges people in recovery

The Photovoice Collection project was introduced as an optional strategy in the HEALing Communities Study, of which Ware and Belchertown were selected to participate.

Through a camera lens, people can identify, represent and enhance their community by focusing on issues that can affect them, like lack of transportation, substance use and more.

Curran was "blown away" by the number of participants who attended the Photovoice project at the Fire Station over six weeks last year, and she hopes to start the next installment in the new year with funding from District Attorney David E. Sullivan

About the exhibition

The "Bringing aWAREness to Recovery" art exhibition is a partnership between the Recovery Center of HOPE and ArtWorks Gallery/Workshop13, a cultural arts and learning center located in Ware and supported in part by a grant from the Ware Cultural Council, a local agency that is supported by the Mass Cultural Council, a state agency.

The Recovery Center of HOPE is a program of the Western Massachusetts Training Consortium and was founded by the Quaboag Hills Substance Use Alliance.



Faith Montaperto Ward stands with her sculpture "Rooftop Hero", created in memory of her brother, Michael. TURLEY PHOTOS BY PAULA OUIMETTE



Abaigeal Duda, program manager at the Recovery Center of HOPE, welcomes guests to the artists' reception held on Aug. 31, National Over-



Anthony Seay submitted three paintings to the "Bringing aWAREness to Recovery" art exhibition. This painting is called "Blue Moon".

ARTISTS I FROM PAGE 1

"just paint."

"I loved art when I was a little girl," she said.

Before retirement, Phillips worked as a hospice chaplain and when she turned 65, she said, "it's time."

Phillips recalled a memorial service she officiated for a woman, and how the woman's son brought his mother's artwork to display. All of the artwork was from her days as a student 40 years prior; something she was never able to continue in her life as a dairy

The woman passed away at the age of 60.

Phillips was told by somebody that if she wanted to become a good artist, she would need to paint 1,000 paintings.

"I did 3,000," she said with a laugh. "I painted and painted and painted a lot of terrible art.'

Phillips works mainly with acrylics, having started with cold wax.

This is Phillips' first exhibition as an artist, aside from when she displayed her art at her church about 20 years ago. She thanked West Brookfield Art & Frame

owner Rebecca Fay for her support and encouragement, and for making sure each work of art was perfectly displayed.

Thorndike resident Pecora has been painting since she was a small child, with close to 50 years as a professional painter.

The paintings she has displayed in "For the Love of Color" are all oil paintings, featuring endearing and almost comical portraits of the beloved animals in her life, as well as important places.

One of the paintings captured the rays of the setting sun coming through the entryway of her late patron's beach house in Truro.

'He gave me his house to paint in," Pecora said. "On a bluff, overlooking the ocean."

Pecora's love for animals is apparent, especially for her horse and her dog, both featured models in the exhibition.

Also featured are her neighbor's livestock.

"My neighbor's hobby is to take in animals that need homes," Pecora said. "She takes in goats, donkeys, llamas."

Oil painting is a new venture for Pecora, as she had

her start with watercolor and egg tempera.

"During COVID, I was bored and alone, so I switched to oil," she said. "I can take my time with them...you can change and change. They're much easier to use.

About "For the Love of Color"

This exhibition will be on display for the month of September at West Brookfield Art & Frame, located at 10 East Main St.

Gallery hours are Thursdays, Fridays and Saturdays from 10 a.m.-5 p.m., and Sundays from 10 a.m.-2

Other shows include "Lucky Girl" opening Oct. 13 with Jennifer Scott Geldard; and "Small Works Show" opening Nov. 17 with all 22 gallery artists.

All opening receptions are held from 5-7 p.m. on their listed dates.

For more information about West Brookfield Art & Frame, or upcoming shows, follow them on Facebook, visit www.westbrookfieldartandframe.com, email yafacceber@hotmail.com, call 508-753-8604 or stop by during open hours.



"For the Love of Color", on display at West Brookfield Art & Frame.



Susan Tilton Pecora's oil paintings range from a beach house scene to portraits of her four-legged friends. TURLEY PHOTOS BY PAULA OUIMETTE

AUDITIONS I FROM PAGE 1

readings of the script for participants to get an idea of the story and the characters they want to try out for. There will be short scenes and monologues during

this one act play. "Christmas Shorts" follows the story of children

writing letters to Santa Claus, while Santa himself gets ready for Christmas. Along with this storyline, a bunch of elves accidentally rip Santa's gift bag and Mrs. Claus steps in to fix it. The holiday play of many stories will include a

sports segment of the 845th annual Reindeer games. Classic holiday characters will make an appearance in the Christmas Shorts as Ebenezer Scrooge, Tiny Tim, and the Ghost of Christmas Future compete on a holiday quiz show.

Other segments include a soap opera, a tale from the North Pole News, and some entertaining Christmas-themed commercials all a part of the fun seasonal comedy.

Christmas Shorts" is written by Lucy Williams and the crewmembers of Gateway Players Theatre are excited to bring the story to life.

The crew features Pat Haddock directing the play. The Assistant Director is Stephen Jean and the Producer is Kathi Grenier of Southbridge.

Gateway Players announced that the production of "Christmas Shorts" is presented by the permission through special arrangement with the Pioneer Drama Service, Inc.

"Christmas Shorts" will be performed Dec. 1-3 with two performances on Saturday, Dec. 2.

Gateway Players Theatre, Inc. is an all-volunteer community theatre providing quality live theatrical performances and workshops to Southbridge, Sturbridge, and Charlton and many other surrounding

For more information about the auditions for "Christmas Shorts", Gateway Players Theatre can be contacted by calling 508-764-4531.

Gateway Players Theatre is a non-profit educational organization dedicated to the support and encouragement of the arts and the development of talent and creativity. Endeavoring to offer the community a program of diversified theatrical fare while providing its members, youth and adult, with opportunities for participation and training in the theater arts.

Gateway Players has provided community theater to the town of Southbridge and many neighboring communities since 1975.

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The position works under the general supervision of the Town Manager in cooperation with the elected Town Planning Board. Please go to www. townofpalmer.com for a full job description. Send resume and cover letter to rmcnutt@townofpalmer. com or to 4417 Main Street. Palmer. MA 01069. Salary commensurate with experience.

This position requires a Bachelor's Degree in planning or related field and five years' experience in municipal planning, or any equivalent combination of education and experience. Strong interpersonal, written, and oral communications skills and a working knowledge of MS Office and ArcView GIS.

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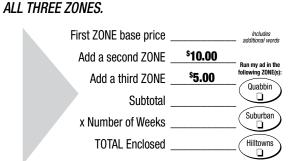
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- obituary -

Donald G. Nickerson, 90

WARREN - Donald G. "Nick" Nickerson of Warren, died peacefully on Sunday, Sept. 3, 2023, surrounded by his loving family at Quaboag Rehabilitation and Skilled Care Center after a brief illness, at the age of 90.

He leaves his wife of 70 years, Claire A. (Wirf) Nickerson of Warren; a daughter, Deborah Tonelli and her husband Norman of Westerly, Rhode

Island; two sons, Timothy Nickerson of Warren and Jeff Nickerson and his wife Sharon of North Brookfield; four grandchildren, Melissa Vadnais, Allyson Manganello, Tyler Nickerson and Conor Nickerson, as well as three great-grandchildren, Timothy, Rachel, and Julian Letour-

He was predeceased by his parents, Lawrence and Jenny (Griggs) Nickerson, his sister, Shirley Staples, and his brother David Nickerson.

After graduating from Warren High School, Nick enlisted in the United States Marine Corps and served at 8th & I barracks in Washington, D.C. supporting ceremonial duties at Arlington National Cemetery. He was then deployed to Korea where he received the Purple Heart for his wounds received in heavy fighting at Bunker Hill.

After his proud service, he returned home and married his high school sweetheart Claire Wirf and started a family. Nick worked for American Bell Telephone Company for 42 years.

Along with his father and brother he started "Nickerson's Par 3" golf course in Warren, where many memories were made for his family. People from all around the area recall the golf course

After retirement, Nick continued to work for his brother Dave and his son's business, CBIS in West Brookfield, as a special projects Manager until COVID

when he worked from home.

Nick was a dedicated public servant for the town of Warren serving for many years as Fire Chief, Constable, President of the Warren Ambulance Squad, and also serving for many years on the Board of Selectman. He also served as Chairman of the Master Plan Committee among many other committees.

Nick was one of five town residents who were honored with being Purple Heart recipients reflected by having his name is on the Purple Heart Memorial in West Warren. He always looked forward to the Purple Heart Breakfasts held each year by the Warren Veterans Council.

In June of 2022, Nick was honored to have been selected as a recipient of "Honor Flight" being flown to Washington, D.C. for the day to visit all of the war memorials dedicated to those who served during our Country's conflicts. Accompanied by his son Jeff, it was an unforgettable experience that he was so very proud to be part of.

Nick was a loving and devoted husband, father, grandfather and great-grandfather. His greatest joy was spending time with his family.

He loved Christmas and would shower gifts on the family. He never stopped working, taking pride in his home and landscaping and always helping out his family and others at a moment's notice.

The family offers their sincere gratitude and appreciation to everyone at Ouaboag Rehabilitation and Skilled Care Center for the excellent care they provided to Nick and their compassion in his final days.

In lieu of flowers, memorial donations may be made to St. Jude Children's Research Hospital at www.stjude.org or to Honor Flight Connecticut at www. honorflightct.org

Varnum Funeral Home, Inc., 43 East Main St., in West Brookfield is assisting his family with arrangements.

Death Notice

Nickerson, Donald G. Died Sept. 3, 2023

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- legal notices -

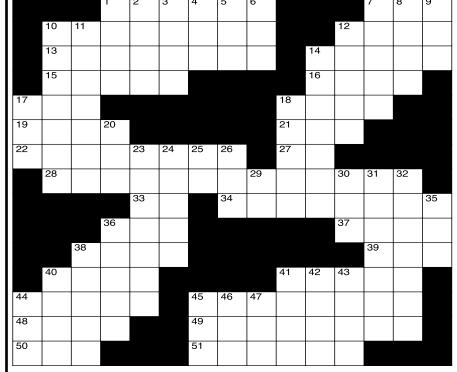
TOWN OF WEST BROOKFIELD **SEALED BIDS**

The Town of West Brookfield is seeking sealed bids for the sale of a 2017 Ford Fiesta SE, (VIN# 3FADP4EJ2HM149451) with 2,496 miles. The following work was completed in June:

new tires, a battery, replacement wiper blades and an oil change. The vehicle may be inspected on site at the Town Hall, 2 East Main Street, West Brookfield, Monday through Thursday, 8:30 am to 4 pm.

Bid openings will be conducted on Monday, October 2 at 10 a.m. in the Town

Administrators Office, West Brookfield Town Hall, 2 East Main Street, Lower Level, West Brookfield. You may call the Town Administrator. Ronald San Angelo at 508-867-1421 Ext. 329 for more information. 09/15/2023



CLUES ACROSS

- 1. Type of crayon 7. Fashion accessory
- 10. Most cerebral 12. Incline from vertical
- 13. Dependent on 14. Broken in
- 15. Strongly desires 16. Mounted soldier
- 17. Ad __: when
- necessary 18 Cattle
- 19. Ottoman military commanders
- _ student, learns healing 22. Composed in poetic meter
- 27. Promotional material
- 28. Where people live
- 33. Sodium 34. Embarrassing

- 36. Medical man 37. Mother of Hermes
- 38. One who saves the day
- 39. Tooth caregiver 40. Not clothed 41. Slope covered
- 44. Used to cook 45. Praises
- enthusiastically 48. Rooney is a famous one
- 49. Beekeeper 50. Pigpen 51. Potato chip brand
- **CLUES DOWN**
- 1. Living quarters 2. Horizontal passage
- 3. Attacks
- 4. Vietnamese

- offensive 5. Midway between east and southeast
- 6. Confined (abbr.) 7. Book of Esther antagonist
- 8. Port in Yemen with loose stones 9. CNN's founder 10. Type of bulb
 - 11. Prepare 12. Promoted 14. Dinner jackets
 - 17. Partner to cheese 18. Nebraska city
 - 20. Human gene 23. Pays no
 - attention to 24. Lowland South American plain 25. Blood group
 - 26. Mauna ___, Hawaiian volcano

- 29. Atomic #37 30. Unit of electrical
- resistance 31. Jeweled
- crowns
- 32. Nastiest 35. Traditional cars need it
- 36. Bowler hat 38. Robust 40. Not straight
- 41. Stony waste matter
- 42. Have an interest in 43. Jacob
- journalist 44. Maintains possession of
- 45. Swiss river 46. Average cost of market goods
- 47. Spanish soldier: ΕI

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Friends host Town House painting raffle p3

STURBRIDGE

Historical Society presents Brian Phelps p6 **EAST BROOKFIELD**

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Friday, September 15, 2023

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